



New York State Athletic Trainers' Association

# NYSATA

*The mission of the New York State Athletic Trainer's Association shall be to advance, encourage and improve the profession of athletic training by developing the common interests of its' membership for the purpose of enhancing the quality of health care for the physically active in New York State.*

[www.gonystata.org](http://www.gonystata.org)

## September 2002

Mark Your Calendar Tentative Dates

January '03

5-7 Eastern Athletic Trainers Association Convention Boston, MA  
Executive Council and Members Meeting ~ Social to follow  
NYSATA Third Party Re-Imbursement Workshop

March '03

**NATA Athletic Training Month**  
3-7 NYS Athletic Training Week  
4 NYSATA Lobby Day, Albany, NY

May/June '03

NYSATA Annual Symposium, Albany NY Date TBA  
Executive Council Meeting  
NATA Annual Symposium in St. Louis, MO June 24-28  
NYSATA Member meeting TBA

July/August '03

Empire State Games /NYSATA Symposium Buffalo NY  
Empire State Games

## Change of Address or E-Mail?

To those members who have moved.....we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section [www.nata.org/members1/members.cfm](http://www.nata.org/members1/members.cfm) to update. Please be assured your information will not be given away. It will only be used for NATA membership communication.

Thank you, NYSATA Leadership

## Inside This Issue....

**Regional Reports**  
**Committee Reports**  
**Executive Council Minutes**  
**NYSATA Awards**  
**Did You Know?**

## President's Message



Andy Smith, ATC  
President  
NYSATA

Welcome to the inaugural "on-line" version of the NYSATA Newsletter. We have made efforts in improving the quality, content and delivery of the newsletter and hope you, as a NYSATA member, find this version of the newsletter to be a valuable and informative resource. Thanks to Rick Miekley, ATC, of Stony Brook, for his thankless efforts over the years as Newsletter Editor.

NYSATA is strong in numbers and financially sound. Currently we have approximately 1,300 Student and Certified members, an increase of four fold over the past year. If you are unaware, your NATA membership now automatically makes you a NYSATA member. With this influx of membership comes a challenge of increasing the awareness, outlets and information available to the members.

This "on-line" version of the newsletter, changing the website to an independent server at [WWW.GONYSATA.ORG](http://WWW.GONYSATA.ORG), preparing a presentation to be available on-line and a workshop at this years EATA conference specific to New York State ATC's wishing to address potential third party payers, are a few of the items in the works in an effort to increase the information and awareness of members as well as the many entities we encounter on a daily basis.

Our primary efforts on the legislative front have been addressing and requesting change to the current, outdated rule which dictates and greatly restricts the role of the ATC in High Schools in NYS. We are requesting changes be made immediately which reflect Article 162, our practice act in an effort to provide the best care possible the high school athletes of NYS. Thanks to all members who wrote letters and requested support of the Senate and Assembly regarding this rule. The New York State Education Department is finally addressing this issue and has given assurance it will be amended properly in the very near future. This process will however, take several months according to proper legal procedures. I will continue to offer our assistance as an organization and express the concern and displeasure of NYSATA members in the slow nature of this amendment. Mary Ann McLean, Esq., our lobbyist in Albany has been very active and supportive on this topic and has worked closely with the Dave Gatta, ATC, High School Committee Chair and myself on this issue. Many members should be commended on diligent work in communicating our concerns on this issue as well as our presence and role as the experts in the care of athletic injuries in New York State to the Legislature in Albany. We look forward to continually addressing topics and issues which concern ATC's and the care we provide to athletes.

continued on page 2

## President's Message

continued from page 1

ground work for a strong future. We are in a time of transition and many new and unique challenges lie ahead within our profession, within our state as a whole and the many geographic regions it contains. I hope to lead NYSATA in the proper direction and follow through on the efforts we have initiated. We must improve the awareness of the general public, the legislators of NYS, third party payers and other interested parties as to our presence and our role as the experts in the care of athletic injuries. This can neither be completed by a few individuals, nor without the help and effort of you as a member. If you would like to get involved, please do so. If the opportunity to promote our profession arises, please grasp it. We are as strong as ever as an organization. Please consider the role you can play. We can only get stronger as we utilize the group of experts assembled in NYSATA. I look forward to our future and working with you as a member.

## Did You Know?

To legally utilize the title Certified Athletic Trainer or ATC in New York State, you must be New York State Education Department (NYSED) Certified. IT'S THE LAW!! For more information on this topic or to verify a license in NYS go to: [www.op.nysed.gov/](http://www.op.nysed.gov/)

## Congratulations Pete!!!

Pete Koehneke, ATC, long time Athletic Trainer and Curriculum Director at Canisius College was inducted into the NATA Hall of Fame this past June at the NATA Convention in Dallas. Congrats Pete—we are proud to have you as a member!!

## NYSATA Conference

We are looking for suggestions from the membership for speakers and topics.

*Needed:* Volunteers to help with this year's conference.

*Tentative date:* Second weekend in June

For more information contact:

Louann Kuntz, M.Ed., ATC, PT  
Albany Medical Center  
618 Central Avenue, Mail code 182  
Albany, NY 12206  
518.262.9730  
FAX: 518.262.9720

Finally, I would like to express the pride and humility I have in serving as President of NYSATA and the confidence I have in our future as a professional organization. Several Past Presidents, members of the Executive Council and members have laid the

National Athletic Trainers' Association

*What's New*

Click *here* to link!



## Empire State Games

Thanks to Medical Coordinator Stu Balter, ATC of Hudson Valley Community College and all those who volunteered their time and expertise at this year's Empire State Games in Cortland/Syracuse. Thanks should be given to Scott Peterson, ATC of LeMoyne College and Tim Neal, ATC of Syracuse University for their role in coordinating the Empire State Games/NYSATA Symposium. Job well done! We look forward to Buffalo in 2003.

### NYSATA ACCOUNT BALANCE

as of September 1, 2002

M&T Bank

Laurie A. Bitting, Treasurer

<b>BALANCE (6/30/02)</b>	<b>\$ 34,555.67</b>
<b>Vanguard Wellington Mutual Fund:</b>	
Account Value (1/31/02)	\$ 46,126.20
<b>ACCOUNT VALUE (6/30/02)</b>	<b>\$ 45,387.69</b>
<b>Vanguard Prime Money Market Fund:</b>	
Account Value (1/31/02)	\$ 4,051.06
<b>ACCOUNT VALUE (6/30/02)</b>	<b>\$ 4,080.74</b>
<b>Vanguard Intermediate-Term Tax-Exempt Fund:</b>	
Account Value (1/31/02)	\$ 21,730.35
<b>ACCOUNT VALUE (6/30/02)</b>	<b>\$ 21,907.60</b>
<b>TOTAL ACCOUNTS VALUE (6/30/02)</b>	<b>\$ 71,376.03</b>
<b>TOTAL NYSATA ASSETS</b>	<b>\$105,931.70</b>

If you would like a complete NYSATA balance sheet, please contact:

Laurie Bitting ~ NYSATA Treasurer at [bitting@ithaca.edu](mailto:bitting@ithaca.edu)

## NYSATA Corporate Sponsor

We would like to thank our corporate sponsor for their support. Like all web sites listed in this newsletter, you can visit by simply clicking on the site name while online.



[www.medcosupply.com](http://www.medcosupply.com)

# NYSATA Regional

## Representatives

### Region 1

Suffolk, Nassau, NYC

Craig LoNigro

New York Saints Lacrosse

cklonigro@aol.com

### Region 2

Westchester, Rockland, Putnam,

Sullivan, Orange, Dutchess,

Ulster

Glenn Marinelli

Marist College

glenn.marinelli@marist.edu

### Region 3

Montgomery, Delaware, Fulton,

Greene, Otsego, Saratoga,

Albany, Rensslear, Schenectady,

Columbia, Washington,

Schoharie, Herkimer

Christian Morrison

University at Albany

cmorrison@uamail.albany.edu

### Region 4

Jefferson, Lewis, St. Lawrence,

Franklin, Hamilton, Clinton,

Essex, Warren

Deanna Errico

d\_errico@yahoo.com

### Region 5

Chemung, Tioga, Broome,

Oswego, Cayuga, Seneca,

Oneida, Cortland, Onondaga,

Madison, Tompkins, Schuyler

Mark Alderman

Hill Center

alderman@ithaca.edu

### Region 6

Livingston, Ontaria, Monroe,

Yates, Stueben, Wayne

Trevor Cramer

Thompson Health Sports

Medicine Center

trevormichelle@excite.com

### Region 7

Orleans, Cattaraugus, Genesee,

Wyoming, Erie, Niagara,

Allegheny, Chautauqua

Karl Kozlowski

University of Buffalo

kfk@acsu.buffalo.edu

## Reports

### News

• Pro-Fit Physical Therapy has recently opened another Physical Therapy facility in Greenwich Village, New York City. Pro-Fit Physical Therapy is owned and operated by Three Certified Athletic Trainers/Physical Therapists and has other locations in Manhattan and Queens.

• Congratulations to Stony Brook University on their new Athletic Training Major. Good luck with the accreditation process.

• Long Island Sports Care Group, Inc. would like to thank ALL of those Certified and Student Athletic Trainers that assisted them with Athletic Training event coverage once again this past spring and summer and fall. LI Sports Care has provided Athletic Training coverage to over 30, 000 athletes this year at various events with approximately 45 different Athletic Trainers.

### Movers and Shakers

• The following individuals have taken new positions at area high schools on Long Island:

*Chris Carrannante - Comsewogue HS; Stephen Tozer - Syosset HS;*

*Keith Hassett - Newfield HS; Jessica Heinsohn - Mt. Sinai HS; Coleen McGowan - Greenport HS*

• Ariane Woodward has been selected as the Assistant Athletic Trainer at LIU – Brooklyn.

### Region 1



### Region 3

### News

• University at Albany still looking for Interns for the 2002-2003 school year, if interested please send a resume to Jack Koelmel or call 518-442-3038.

### Movers and Shakers

• Keith Thomas is the new Graduate Assistant at the University at Albany.

### Region 4

### Movers and Shakers

• Chris Jorstad is the new head athletic trainer at SUNY Potsdam.

• Deanna Errico has completed her masters degree in Physical Therapy and has been hired as full time faculty at Clarkson University.

### Region 5

### Movers and Shakers

• Ithaca College welcomes new Clinical Instructor Courtney Wrenn and Graduate Assistant Angela Meserole.

### Region 6

### News

• Houghton College continues to pursue CAAHEP accreditation.

• President-elect Andy Duncan, PT, ATC submitted a press release to the local media on hydration which was picked up by 3 television stations.

• Thompson Health in Canandaigua, which includes The Sports Medicine Center, was awarded the Governor's Award For Excellence by the Empire State Advantage organization. Thompson Health is the 1st health care organization in NY to win this award.

### Movers and Shakers

• Deanna Hand, ATC, has been hired as Head Athletic Trainer at Houghton College.

• University Sports Medicine in Rochester has added the following employees: Sarah Phillips, MS, ATC; Katie Miller, ATC; Jeff Nadeau, ATC; Allyson Wilkinson, ATC; Rachel Harvey, ATC.

### Region 7

### News

• Canisius College has been approved by the NATABOC as an Approved Provider for Continuing Education.

### Movers and Shakers

• Brianne Kissel, ATC was hired at Canisius College as the new Graduate Assistant from the University of Delaware.

• Ray Harland, ATC has been hired at Canisius College for the fall semester.

• Rob Sawyer, ATC and Diane Froelich were hired at the University at Buffalo as new Graduate Assistants.

• Niagara University welcomes Khachik "JR" Barkamian from Massachusetts College of Liberal Arts as their new Graduate Assistant. He takes over for Brandt Dubey, who is now a full-time high school teacher in the Tonawanda School District.

# NYSATA Committees

Clinical / Industrial Committee  
Chair ~ Rob DeJohn, ATC  
[Robert.dejohn@healthsouth.com](mailto:Robert.dejohn@healthsouth.com)

Empire State Games Committee  
Chair ~ Stu Balter, ATC  
Hudson Valley Community College  
[baltestu@hvcc.edu](mailto:baltestu@hvcc.edu)

High School Committee  
Chair ~ Dave Gatta, ATC  
Arlington High School  
[dgatta@hs.acsd.dcbores.org](mailto:dgatta@hs.acsd.dcbores.org)

Membership/Nominations Committee  
Chair ~ Julie MacMillan, ATC  
Wagner College  
[jmacmill@wagner.edu](mailto:jmacmill@wagner.edu)

Newsletter Committee  
Chair ~ Rick Miekley, ATC  
Stony Brook University  
[rmiekley@notes.cc.sunysb.edu](mailto:rmiekley@notes.cc.sunysb.edu)

Public Relations Committee  
Chair ~ Jackie Upton, ATC  
Colgate University  
[jupton@mail.colgate.edu](mailto:jupton@mail.colgate.edu)

3<sup>rd</sup> Party Reimbursement Committee  
Chair ~ Lauann Kuntz, ATC  
[kuntzl@mail.amc.edu](mailto:kuntzl@mail.amc.edu)

Research & Injury Committee  
Chair ~ Kent Scriber, ATC  
Ithaca College  
[scriber@ithaca.edu](mailto:scriber@ithaca.edu)

Scholarship Committee  
Chair ~ Tim Neal, ATC  
Syracuse University  
[tneal@syr.edu](mailto:tneal@syr.edu)

Joe Abraham Award Committee  
Chair ~ Steven Norman, ATC  
Rye County Day School  
[steven\\_norman@msn.com](mailto:steven_norman@msn.com)

Hall of Fame Committee  
Chair ~ Marty Erb, ATC  
Colgate University  
[merb@mail.colgate.edu](mailto:merb@mail.colgate.edu)

Sheehan Award Committee  
Chair ~ Tim Kelly  
USMA  
[wt0112@westpoint-emh2.army.mil](mailto:wt0112@westpoint-emh2.army.mil)

## Public Relations

Chair - Jackie Upton, ATC  
[jupton@mail.colgate.edu](mailto:jupton@mail.colgate.edu)

Just a reminder that National Athletic Training Month has been set for March 2003. Also, the state of New York will once again recognize athletic trainers by proclaiming the week of March 3<sup>rd</sup>-March 7<sup>th</sup> as Athletic Training Week in New York State. To coincide with this week we will set up our state display in the lobby of the Capital building on March 4<sup>th</sup>. So mark your calendar. Remember anytime is a good time to promote the profession of Athletic Training in the state of New York. Whenever you do something in your area please don't hesitate to contact me for ideas or to share what you have done with the rest of the state.

## Research & Injury

Chair - Kent Scriber, EdD, ATC, PT  
[scriber@ithaca.edu](mailto:scriber@ithaca.edu)

### NYSATA Research Award Announced

The NYSATA Research and Injury Committee is happy to announce the research grant recipients for this year. James Mollosky, Ed Fitzsimmons, and Eric Gerth have been awarded \$1,000 by the Association to help fund the following research investigation: "Effect of a Functional Core/Trunk Strengthening Program on Static Postural Stability". The study will be carried out at the University of Buffalo.

The previous recipients were Michael Dolan, Frank Mendel, and Anna Mychaskiw from Canisius College. Their investigation was titled "Effects of Cold Baths and High Voltage Cathodal Electrical Stimulation on Edema Formation Following Blunt Injuries to Hind Limbs of Rats". Mike Dolan has already shared his research findings multiple times at professional meetings, including an outstanding presentation at our recent NYSATA/ESG Annual Sports Medicine Symposium in Syracuse.

Have a terrific fall and please continue to submit research grant proposals to the NYSATA Research and Injury Committee.

## High School

Chair - Dave Gatta, ATC  
[dgatta@hs.acsd.dcbores.org](mailto:dgatta@hs.acsd.dcbores.org)

On March 7, 2002 NYSATA representatives met in Delmar, NY with members of the New York State Public High School Athletic Association to present information that could be used across the State to promote to use of certified athletic trainers in secondary school. The presentation included the NATA power point presentation, with additional slides expressing the cost effectiveness of having certified athletic trainer in high schools. In addition, the NATA secondary school proposal guide was used emphasize the importance of employing a full-time certified athletic trainer. The presentation is being modified to target specific workshops and/or conferences across New York State. If you have any specific suggestions or comments please bring them to my attention at [dgatta@hs.acsd.dcbores.org](mailto:dgatta@hs.acsd.dcbores.org). With the support of the New York State High School Athletic Association we hope to educate more people about the use of certified athletic trainers in secondary schools. The next meeting is scheduled for September 18, 2002.

The NYSATA executive council and the High School Committee would like to thank those who wrote to their local Senate and Assembly members regarding

## High School Committee Report

continued from page 4

changes to the educational law that limits the scope of practice for certified athletic trainers in New York State.

The high school committee would like to develop a panel that will address the proposed concussion bill that would require schools to record head injuries and their protocol to treat such injuries. We are also looking for additional topics that you would like addressed within this proposal. If you are interested in helping or if you have any ideas that you would like to share please contact Dave Gatta.

## NYSATA Awards

### *Thomas J. Sheehan Sr. Award*

---

This award is presented by the New York State Athletic Trainer's Association to the athletic trainer whose character, commitment and achievements in the athletic training profession clearly exemplify the traits of Thomas J. Sheehan Sr. To nominate an athletic trainer for this award, contact:

Tim Kelly, ATC  
ODIA Athletic Training Room  
United States Military Academy  
West Point, NY 10996  
914-938-2747 ☎ wt0112@westpoint-emh2.army.mil

### *Joseph Abraham Award*

---

The award is given annually by the New York State high school that has provided outstanding athletic injury care to the student - athletes of their school.

#### *History of the Award*

Joe Abraham was a pioneer during his 40 years as an athletic trainer. Joe was one of the first professionals to recognize the need for quality athletic training programs at the high school level. During his career, Joe served his profession as NATA District Director, EATA Secretary-Treasurer for 17 years and played a strong role in NYSATA. He served as an athletic trainer at both the 1968 Mexico City Olympics and at the Lake Placid Games in 1968. As a result of his outstanding career, Joe was inducted into the NATA Hall of Fame in 1970. To nominate a high school for this award, contact:

Steve Norman  
Rye County Day School  
Cedar Street  
Rye, NY 10580  
914-921-5513 ☎ steven\_norman@msn.com

### *NYSATA Hall of Fame*

---

The NYSATA Hall of Fame was established to honor those athletic trainers who have devoted their time, energy, and expertise in developing and expanding the profession of athletic training in our state of New York. I hope many of you have had the opportunity to visit the display currently housed at Alumni Hall on the campus of the University of Buffalo. We have a rich tradition of athletic training in New York – be sure to share in that history.

I urge all of you to consider nominees for the Hall of Fame. Visit the NYSATA web site to read the criteria and procedures for nominating a deserving athletic trainer. Please feel free to contact me if you have any questions, or would like to discuss a possible deserving candidate.

Marty Erb  
Colgate University  
13 Oak Drive  
Hamilton, NY 13348  
315-824-7578 ☎ merb@mail.colgate.edu

## NEW YORK STATE ATHLETIC TRAINERS' ASSOCIATION

### EXECUTIVE COUNCIL – MEETING MINUTES

FRIDAY, JUNE 7, 2002, 10:00 AM – 2:00 PM

UNIVERSITY AT ALBANY, ALBANY, NY

Kathy Koshansky called meeting to order.

Dave Gatta corrected the previous minutes to read that the High School committee meeting was in March, not June.

Minutes from the State Executive Meeting in Boston, MA, 2002, were accepted, moved by Louanne Kuntz, and seconded, Andy Smith.

#### Introduction of Executive Council:

Mark Alderman, Laurie Bitting, Lisa Cantara, Trevor Cramer, Andy Duncan, Christopher Enk, David Gatta, Todd Hirsch, Tim Kelly, Kathy Koshansky, Louann Kuntz, Glenn Marinelli, Mary Ann McLean, Christian Morrison, Kent Scriber, Andy Smith, Jackie Upton.

Mary Ann McLean provided an update on issues that are presented to the State Education Department.

Attempting to change the High School ATC regulations. State Association is working towards final approval of bill by January 2003. Steve Liss is sponsoring a bill concerning guidelines for head injuries.

Christopher Enk gave secretary's report; membership has increased from approximately 350 members to over 1300 members with the new format of dues being combined with the NATA dues.

#### PLEASE NOTE: ALL ADDRESS CHANGES NEED TO GO THROUGH THE NATA!!!

Laurie Bitting gave Treasurer's report, so please see treasurer's report. (Page 2)

Update on NYSATA Affairs:

**New York State Seminar** — *Louanne Kuntz* has taken over the Seminar for *Andy Smith*. Forty-five people had registered.

**Hall of Fame** – The Hall of Fame was officially dedicated at University of Buffalo on March 4<sup>th</sup>. Approximately 20 people were present for the opening ceremony at Alumni Hall.

**Public Relations** – *Marty Erb* has resigned and Chairman; *Jackie Upton* has assumed that position. On March 4<sup>th</sup>, a group again visited the state capital and tended a booth in the Lobby; memorabilia were raffled off. Donations made by New York Giants, New York Jets and Buffalo Bills. Thanks again to Senator Bill Stachowski for his support efforts at the booth. Jackie will continue to coordinate NYSATA Athletic Trainers' Week with the NATA's promotion in March 2003. Need more continued efforts for National Athletic Trainers' Week.

**Reimbursement Committee** – *Andy Duncan* has stepped down as Chairman, Jennifer Stanz has assumed that position. Progress has been made in Rochester on Third Party Reimbursement issue. Any questions should be referred to Jennifer at the Sports Medicine Center at University of Rochester.

**Empire State Games** – *Stu Balter* recapped the games in the Mohawk Valley. Volunteers are low for the Syracuse games. The 2003 games will be in Buffalo.

**Scholarships** – No report

**Sheehan Award**– *Tim Kelly* extended congratulations to our 2001 recipient, John Cottone. Looking for nominees for 2002.

**Joe Abraham Award**– *Steve Norman* noted that as of June, 2002, there have not been any nominations.

**Fund Raising**– *Anthony Ortolano* had no report.

**Newsletter** – The Newsletter will now be on the website. Website will be GONYSATA.ORG.

**Nominations/Memberships**– *Julie MacMillan* stated there have been no nominations for the Executive Board.

**High School Athletic Trainers** – *Dave Gatta* continues to look for involvement by membership in the high school settings.

**Research** – *Kent Scriber* reported that Mike Dolan has presented his research project at EATA Conference and will be presenting at the ESG/NYSATA symposium in Syracuse.

## N Y S A T A

### Executive Council

#### President

Andy Smith, ATC  
Canisius College  
smitha@canisius.edu

#### President-Elect

Andrew Duncan, ATC  
University Sports Medicine  
Strong Health  
Andrew\_duncan@urmc.rochester.edu

#### Past President

Kathy Koshansky, ATC  
kkoshansky@notes.cc.sunysb.edu

#### Treasurer

Laurie Bitting, ATC  
Hill Center  
Ithaca College  
bitting@ithaca.edu

#### Secretary

Chris Enk, ATC  
Adirondack Sports Medicine  
tncenk@msn.com



This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair:

Rick Miekley, ATC  
Stony Brook University  
rmiekley@notes.cc.sunysb.edu

*No information contained in this newsletter may be reproduced without expressed written consent from the NYSATA.*

## Hyperlinks

Don't forget the NYSATA web site. As with any web site listed in this newsletter, you can link to the site by clicking on the address.

[www.gonysata.org](http://www.gonysata.org)