SAVE THE DATES

NYSATA Elections May 5-18, 2024

NYSATA Lobby Day May 21, 2024 NY State Capital Albany, NY

NYSATA Conference and Membership Meeting June 14-15, 2024 Sonesta White Plains White Plains, NY

NATA Clinical Symposium & AT Expo

June 25-28, 2024 New Orleans, LA

NYSATA Awards Nominations Open September 1, 2024

NY AT Recognition Week
TBD
Fall 2024

EXECUTIVE COUNCIL

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SPRING 2024



THE PRESIDENT'S REPORT



LAUREN STEPHENSON, MA, ATC

I hope this newsletter finds you well and enjoying your spring season. March was a great month of promoting athletic training "From Head to Toe". Our PR and social media teams were wonderful in collaborating with the Diversity & Inclusion Committee on a social media campaign that included Motivational Mondays, Trivia Tuesdays, Who We Are Wednesdays, Teachable Thursdays and Fun Fridays. The collaboration with D&I created a focus on our profession as well as women's history. Thank you to District 2 for funding the development of this campaign for 2024. If you have ideas for NYS Athletic Training Recognition Week in the fall, we would love to hear them and help with planning and execution. Our PR team is growing and would love to hear from you! Any member is welcome to submit content using the NYSATA PR Submissions link on our website.

Thank you to the Membership & Nominations committee for hosting a great town hall event to meet the nominees for the 2024 election. The election window is from May 5 - 18. Please keep an eye out for the link to vote in your email. If you are experiencing difficulty receiving NYSATA emails please reach out to your <u>region representative</u> or to NYSATA Secretary, <u>Missy Wilsion</u>, to ensure you are receiving the most up to date information from NYSATA.

Thank you to the Governmental Affairs Committee for all of their hard work this legislative session as the Chapter Amendment to the AT Licensure bill was passed and signed by Governor Hochul. NYSATA Lobby Day is a time that all of our members can take part in our legislative efforts and will take place on May 21. We appreciate everyone who has signed up to attend as we continue to work on the Traveling AT bill, CPR/AED for youth league coaches and updates on school concussion management.

We are excited to announce that registration is available for the <u>2024 NYSATA</u> <u>Conference</u> at the Sonesta White Plains Downtown in White Plains, NY June 14-15. The early bird deadline for discounted registration is Friday May 24. We have a great agenda of prestigious speakers, topics, and activities planned for the

weekend and hope you can join us. We are actively seeking sponsors and exhibitors for our conference as well. Please share the <u>Exhibitor Registration Link</u> with any organization you feel would enhance the experience at the conference in June. I look forward to seeing our committee chairs and region representatives at the leadership meeting on June 13 and visiting with our members at the happy hour on Friday June 14 at 5pm.

2024 NYSATA Annual Meeting & Clinical Symposia June 14th and 15th Sonesta White Plains Downtown White Plains, NY

<u>The New York State Athletic Trainers' Association</u> is dedicated to the development of an education program designed to serve and advance the needs of our membership. We are committed to providing educational and professional experiences that expand the diverse skill and knowledge sets utilized daily by athletic trainers. Join your fellow athletic trainers to gain the inspiration, knowledge, and connections that are the fuel behind making every AT greAT.

Take advantage of the discounted rate with early bird registration ending Friday, May 24th.

Price for Early Bird is \$100 for NYSATA Members and \$150 for Non-NYSATA Members!

There will be a Happy Hour on Friday, June 14th at the conclusion of the agenda.

Check out all the conference information today!

Get Your NYSATA Gear!

The NYSATA store is open, and <u>link</u> can be found on our <u>website</u>. NYSATA receives money from each sale that is used to help our association and its members. For a limited time you can get 15% off most items with the code: WIN15.





Governmental Affairs Report Aimee Brunelle, MS, ATC and Deanna Errico, PT, DPT, ATC Co-Chairs

Lobby Day is scheduled for **May 21, 2024 (Tuesday) from 9-4.** While the deadline has passed to register, you are welcome to <u>contact Aimee Brunelle</u> if you did not register but are interested in participating (just know that we may not be able to schedule you with your specific legislative representatives). We still have plenty of things to discuss with our legislative members.



Karin Carreau Carreau Consulting

Earlier in the session a chapter amendment to the AT licensure bill sailed through both houses and was signed into law. The amendment simply fixed a drafting error we had pointed out last session as we were moving the bill through the necessary committees and to the respective floors. We now await draft regulations which will be drafted by counsel to the State Education Department. You will hear us refer to these as "Rules & Regs".

In the meantime, we are working on several other legislative items: a budget initiative, a CPR bill, and a bill to allow ATs licensed in other states to provide services for a finite amount of time in New York State (several days before and several days after games/events).

The traveling bill was originally an initiative we included in our licensure bill, however, in an effort to streamline that bill, legislative staff opted to advance it as a stand alone effort.

The CPR Bill requires CPR and AED training by youth league coaches. The bill will require youth league coaches to be trained in adult and child CPR and in the use of an automated external defibrillator. In addition, the bill provides current coaches one year from the effective date of the law to receive required training. The Assembly bill is carried by Angelo Santabarbara and the Senate bill was recently introduced by Jamal Bailey.

Finally, our budget initiative is an effort to secure ongoing funding for NYSATA's COPE (Concussion Outreach Prevention Education program). We are ecstatic that funding has once again been included in the final enacted budget!

What is COPE? This is a partnership NYSATA created with the Brain Injury Association of New York State (BIANYS) and implemented throughout the state to educate athletes, parents, and coaches about concussion identification and management. We received funding last year (2023-2024) and held events across the state. Many of our athletic trainers presented or attended these sessions. A physician and a BIANYS representative also presented at each session. The events were appropriate for athletes and their parents as well as other health care providers to attend and were eligible for AT CEUs.

The spring sessions were held at Ardsley Middle School, Potsdam High School, Stony Brook University, and Hofstra University. There was also a virtual session held via NYU Langone, and three events held in Cooperstown, Verona, and Shenendoah to which COPE was invited to speak to a specific group. A special thank you to AT presenters: **Douglas Sawyer, Brian Atkins, Lisa Komnick, Kristin LoNigro, Matt Manu, Lauren Stephenson, and Allie Balotin.**

By being granted the funding for COPE again (2024-2025), it will allow us to continue to provide educational sessions in areas of the state we did not yet reach (there are many more places for us to go!). We intend to provide public service announcement videos via a social media blitz, and there is potential for webinars for ATs on the newest concussion guideline interpretations.



NYSATA Account Balance Adam Hymowitz ATC - Treasurer (as of April 21, 2024)

	Brokerage Account		
Symbol	MUTUAL FUNDS/ ETFs	Market Value	Quantity Held
AMLP	Alerian MLP ETF	\$8,313.69	177
BMSIX	Blackrock Income Fund	\$10,772.06	1225.49
TOTL	SPDR Doubleline Tactical ETF	\$31,280.00	800
IBDP	Ishares Ibonds ETF	\$12,520.00	500.00
VCIT	Vanguard Intermdiate Term ETF	\$9,388.80	120
VCSH	Vanguard Short Term ETF	\$11,464.50	150
Symbol	U.S. COMMON STOCK	Market Value	Quantity Held
T	AT&T Inc	\$8,667.75	525
ARCC	Ares Capital	\$16,472.00	800
BX	Blackstone Group	\$23,680.00	200
CVS	CVS	\$8,718.75	125
JNJ	Johnson & Johnson	\$8,874.60	60
K	Kellanova	\$8,033.20	140
MDLZ	Mondelez Intl Inc	\$8,513.75	125
PFE	Pfizer	\$10,400.00	400
PG	Proctor & Gamble	\$15,814.00	100
PRU	Prudential	\$11,061.00	100
UL	Unilever	\$8,279.25	175
VZ	Verizon	\$10,212.50	250
Symbol	PREFERRED STOCK	Market Value	Quantity Held
T.A	AT&T Inc	\$8,384.00	400
JPM.K	JP Morgan PFD	\$17,153.00	850
Symbol	CORPORATE BONDS	Market Value	Quantity Held
	CASH, CASH ALTERNATIVES ANI		
	Cash Balance	\$2,920.82	
	Brokerage Portfolio Grand Total	\$250,923.67	
	Business Brokerage Account (Fmrly Checking)	\$8,241.44	
	Account Total	\$259,165.11	



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The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ ideas, please contact the NYSATA Newsletter Committee Chair: Douglas Sawyer.

Production and Design by: SJ Creative

Committee Chairs

Awards

Deanna Errico, PT, DPT, ATC **Utica University**

College and University

Jeff Carter MSEd, LAT, ATC, EMT-B, CSCS Marist College

Conference and Education

Frank J. Alexander, MS, ATC Columbia University

Diversity and Inclusion

EDAC Chair LaTonja Lee, MS, LAT, ATC, PES Fordham University LGBTQ+ Chair Matthew Rawlins, MS, ATC, CSCS, ART University of Rochester

Fundraising OPEN

Governmental Affairs

Aimee Brunelle, MS, ATC Colonie Central High School Deanna Errico, PT, DPT, ATC **Utica University**

Hall of Fame

Bob Garialio Syosset High School

History and Archives OPFN

Joseph Abraham Award

Meg Greiner, MS, ATC Hendrick Hudson High School

Membership and Nominations

Christopher Napoli, MS, ATC NYU Winthrop Hospital

Newsletter

Douglas Sawyer, MS, ATC **Ardsley High School**

Public Relations

Nicholas Clark, MS, ATC **Movement Matters**

Reimbursement Committee OPEN

Research/Injury **OPFN**

Scholarships

Chuck Monteith, ATC Colgate University

Secondary School

Jarett Rhoads, MSEd, ATC, CSCS Eastridge High School Craig Olejinczak, ATC Middletown School District

Social Media

Becky Guzzo, MS, ATC **Cornell University**

Website

Douglas Sawyer, MS, ATC Ardsley High School



If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the NATA website.

Region 1 LI

Nassau, Suffolk Kristin LoNigro MSEd, ATC Hofstra University

Region 1 NYC

Richmond, Kings, Queens, Bronx, New York Erica Marcano, MS, ATC, CSCS

Region 2

Westchester, Rockland, Putnam, Sullivan, Orange, Dutchess, Ulster David J Byrnes, MS, ATC Poughqaug, NY

Region 3

Montgomery, Delaware, Fulton, Greene, Otsego, Saratoga, Albany, Rensslear, Schenectady, Columbia, Washington, Schoharie, Herkimer Dave Haverly, MS, ATC Quad, Saratoga Springs, NY

Regional Reps



Region 4

Jefferson, Lewis, St. Lawrence, Franklin, Hamilton, Clinton, Essex, Warren Jason Pachter, MS, ATC, CSCS State University of Plattsburgh

Region 5

Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler

Jennifer Petruzzo, MS, ATC, CSCS Cornell University

Region 6

Livingston, Ontaria, Monroe, Yates, Stueben, Wayne Jarett Rhoads, MSEd., ATC, CSCS Eastridge High School

Region 7

Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara, Allegany, Chautauqua Jacob Habemehl, MS, ATC, ACLS Buffalo State College

Regional Reports



Region 1 LI Kristin LoNigro, MSEd, ATC

Stony Brook University Kathy Koshansky Retires

Over 40 years of service have culminated in a career that has influenced so many lives. Kathy officially retired this March and we would like to celebrate and recognize her impact.

She arrived on the SBU campus in 1983 as the Head Athletic Trainer for an Athletic Department that was NCAA Division III. She assisted in the transition to Division I status and worked with athletes across all teams. She was promoted to Assistant Director of Athletics in 2004, working with several championship teams. She also provided health care as part of the USA Medical Staff at the U.S. Olympic Training Center, and for the Pan Am games, the Empire State Games, and the TCS NYC Marathon.



During her tenure, she founded the Athletic Training Program as an internship route to certification, advanced it to a CAATE accredited undergraduate degree in 2003 and led it to the accredited Master of Science professional program of today. Kathy has educated hundreds of students and prepared more than 200 certified athletic trainers. These clinicians now work in all settings and are employed across the country.

Kathy's commitment to the profession of athletic training and to her students is exemplified in everything she does. This dedication has been recognized by NATA, NYSATA, the Town of Brookhaven, Stony Brook University, and the SBU Athletic department.



Region 1 NYC Erica Marcano, MS, ATC, CSCS

NYC ATs had a great time celebrATing our profession at our NATM Happy Hour. Our event was sponsored by Athletic Trainer owned and operated PHITWell, and in addition to an evening of drinks, food, and great conversation, some of our ATs walked away with great raffle prizes, including registration to The BFR Pros' Complete BFR Certification Course, for 11.5 CEUs. We also attended The Today Show and Good Morning America - an opportunity not only to be seen on morning TV across the nation, but also to chat with other attendees

about who we are and what we do.





Region 3 Dave Haverly, MS, ATC

Aimee Brunelle (Colonie Central HS) is being honored by Jamestown Community College athletics as the Distinguished Jayhawk of the Year. Aimee holds the distinction of being the first full-time athletic trainer at JCC, serving from 1999 to 2016.

Throughout her tenure, she initiated various initiatives such as establishing a Sports Medicine class, offering internship opportunities, and welcoming athletic therapy students from Ireland. These efforts have significantly broadened avenues for students interested in pursuing careers in health care professions.

On March 3, 2024 members from Region 3 gathered at Druther's in Clifton Park for an evening to spend time and socialize with each other. It was a great evening out to meet with each other and share stories. I hope to plan another event this summer and hope to also offer a free CEU course. More details to come on this.

Aimee Brunelle and Dave Haverly represented NYSATA at the 2024 NYS Center for School Health Seminar at the Crowne Plaza Albany Hotel-The Desmond Hotel on April 13. They were there to promote the profession of



athletic training and to help promote COPE (Concussion Outreach Prevention and Education programming) as we sat next to BIANYS (Brain Injury Association of New York State) who NYSATA has partnered with to offer education on concussions. School nurses were in attendance at this event along with other various vendors from New York State.



Region 4 Jason Pachter, MS, ATC, CSCS

The Concussion Outreach Prevention & Education (COPE) grant allowed yet another presentation in the North Country. This time it was held at Potsdam High School (March 5). St Lawrence University team physician, Dr. Payam Hadian, presented on concussions; Brian Atkins, MS, ATC, Assistant Athletic Director/Head Athletic Trainer/D-III Compliance at St. Lawrence University, presented on return to play from concussion, and Michelle Kellen, M.Ed, from BIANYS presented on return to learn.

The presentation was well attended and a number of ATs attended and received continuing education credit.

Deanna Errico has been appointed to the Eastern Athletic Trainers' Association History and Archives committee, representing NATA District 2.

SUNY Plattsburgh

The SUNY Plattsburgh Sports Medicine Staff hosted their annual athletic training field trip on April 12th.

For over the past 10 years, the athletic trainers at SUNY Plattsburgh have hosted the Saranac High School Athletic Training and Health class for a day of athletic training education. The juniors and seniors take the time to learn what athletic trainers do by going through taping, modality, and rehabilitation labs. Following the lab sessions, we have a question and answer session and an educational talk on what an athletic trainer is, and the professional setting opportunities we have, along with how to get started on the path to athletic training education.





Region 5Jennifer Petruzzo, MS, ATC, CSCS

Cornell University

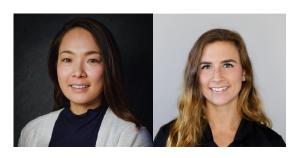
The Cornell Athletic Training Staff participated in the Out of the Darkness Walk to help promote mental health awareness and suicide prevention in our community. The American Foundation for Suicide Prevention hosts walks on hundreds of

college campuses across the US every year to raise money and awareness for mental health issues and suicide prevention.



Ithaca College welcomed two new members to the Athletic Training program this past fall. Yangmi Kang, PhD, ATC joined the program as an Assistant Professor. Rebecca Miller, MS, ATC joined as a staff Athletic Trainer. (Pictured on left, Yangmi King, PhD, ATC and right, Rebecca Miller, MS, ATC.)



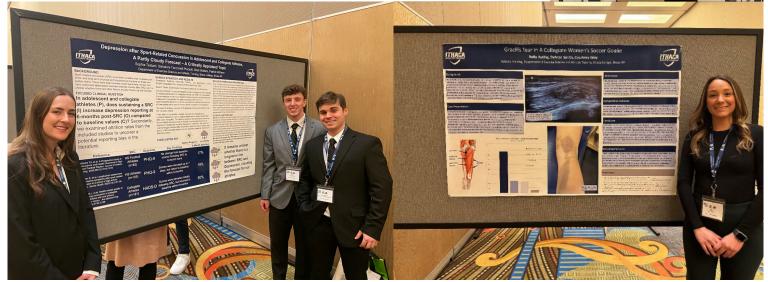


Jennifer McKeon, AT Program Director, received the 2024 Presidential Recognition Award from the Eastern Athletic Trainers Association this past January. (Pictured below, Jennifer McKeon, Ithaca College AT Program Director, receives the 2024 EATA President's Award.)

Senior AT major Matt Fabian was the recipient of the 2024 NYSATA Memorial Scholarship.

Senior AT students recently had their abstracts accepted for the EATA symposium. Sophia Testani, Sal Tacconelli-Pinciotti, and Brett Walters presented their critically appraised topic "Depression after Sport-related Concussion in Adolescent and Collegiate Athletes - A Partly Cloudy Forecast." Bella Ruthig presented a case study titled, "Isolated Gracilis Tear in a Collegiate Women's Soccer Player". (Left picture below, Sophia Testani (left), Sal Tacconelli-Pinciotti (front right), and Brett Walters (back right) present their poster at EATA Right picture, Bella Ruthig presents her poster at EATA.)







Patrick McKeon, AT Clinical Education Coordinator, received the AT Still University, Arizona School of Health Sciences Alumni Scholar Lifetime Achievement Award. (Pictured left, Patrick McKeon receives the ATSU-ASHS Alumni Scholar Lifetime Achievement Award. Also pictured are Tamara Valovich McLeod and Kellie Bliven who are both professors and directors at ATSU-ASHS.)



Region 7Jacob Habemehl, MS, ATC, ACLS

Jeff Sage Named 2024 Excellence In Health Care Award Recipient

Jeff Sage, MS, ATC, CSCS, PES, assistant athletic director for sports medicine and performance at Daemen University, has been named a recipient of a 2024 Excellence in Health Care Award by Buffalo Business First. This sixth annual award honors high-achieving professionals in the healthcare industry whose work has improved the way the health system operates in Western New York. Jeff is one of 25 individuals that are going to be

recognized during a dinner at Italian Prime at Salvatore's in June.

Jeff graduated from State University of New York at Brockport with a bachelor's degree, He earned his master's degree from California University of Pennsylvania. Jeff also holds professional certifications in athletic training, strength and conditioning, and performance enhancement.

Jeff started working at Daemen in 1995, and he is the longest-tenured employee on the athletic staff. "Jeff has been such an important and respected part of the Daemen community for nearly three decades," stated Director of Athletics Traci Murphy. "He has developed an athletic training staff and culture of health, safety, and compassion, and we appreciate everything that Jeff does for our student-athletes. It often goes unheralded, so it is great to see his hard work recognized with this honor. He is such a deserving recipient."



"I am honored and very humbled to be recognized as a recipient of the Excellence in Health Care Award from Business First," Jeff commented. "This is something that I will proudly share with my colleagues here at Daemen. Without the teamwork that has been fostered, both in the Division of Athletics and across our campus, this recognition wouldn't have been possible. It is also especially rewarding for me to see the athletic training profession viewed in the same light as other health care professionals."

Committee Reports



Hall of Fame Committee Bob Gariglio, ATC - Chair

The new Hall of Fame display is in place at Cortland. It is a continuous loop of all of the Hall of Fame members. The display is in the same location as the prior display. Talks are ongoing on how to enhance the display.



A hearty thank you goes out to Bob O'Malley for his time and energy in seeing this come to fruition. Additionally, a thank you goes out to the Hall of Fame committee for their time, input, and guidance in getting this completed, as well as the NYSATA Executive Committee.

getting this completed, as well as the NYSATA Executive Committee for their assistance and forward thinking on this project.



Awards
Deanna Errico, PT, DPT, ATC - Chair

Nominations for NYSATA awards will open up on September 1, 2024, but it is not too early to start thinking about NYS members of NYSATA who meet the criteria for the following awards:

Kent Scriber Recognition Award

John Sciera AT Service Award

Thomas Sheehan Award

Joseph Abraham Award

Hall of Fame Award