

FALL 2023

## SAVE THE DATES

COPE Presentation

November 6, 2023

6:00 - 7:00 PM

Colonie Central High School  
Colonie, NY

Joseph Abraham Award

Nominations Due

November 1, 2023

NYSATA Scholarship

Nominations Due

November 20, 2023

76th EATA Annual Meeting &  
Clinical Symposia

January 5 - 8, 2024

Foxwoods Resort & Casino  
Mashantucket, CT

Proposals for NYSATA

Annual Meeting and Clinical  
Symposia Due

January 15, 2024

National Athletic  
Training Month

March 2024

NYSATA Annual Meeting  
and Clinical Symposia

June 14 - 15, 2024

The Sonesta White Plains  
White Plains, NY

## EXECUTIVE COUNCIL

PRESIDENT

Lauren Stephenson, MA, ATC  
SUNY Oneonta

PRESIDENT-ELECT

Carrie Burke MAT, ATC  
Ivy Rehab

PAST PRESIDENT

Arturo (Roy) Flores, MS, ATC  
New York University

TREASURER

Adam Hymowitz ATC  
Centereach High School

SECRETARY

Missy Wilson, MS, ATC, CEP



## THE PRESIDENT'S REPORT



LAUREN STEPHENSON, MA, ATC

"Life starts all over again when it gets crisp in the fall." - F. Scott Fitzgerald

Change can be hard, it can be difficult to accept, it can turn your world upside down. Change can be beautiful, it can be refreshing, it can turn your world around. Since I began my time as President of NYSATA I have seen so much change. Some change has been for the good, and other changes have posed challenges for our organization.

We have enjoyed the success of passing our licensure bill in the last legislative session. We have improved our organizational structure with the passing of our bylaws revisions and development of policy and procedure manuals for each committee. We have gained new members in our leadership and on committees with a drive and passion for our profession and organization. We have seen innovation and initiative in our committees that have been the impetus for new programs and increased recognition in others. All in all we have had a productive and progressive year.

This year has also shown us that we have some challenges that lay ahead of us. Our membership numbers have continued to decrease resulting in financial stresses. The changes we have seen from NATA and the strategic alliance left many of our members questioning why they should remain a part of an athletic trainers' association. While we have passed the licensure bill, there is still a lot of legislative work ahead of us as we prepare for bill enactment.

In autumn the separation of the leaves from the trees is purposeful and controlled. It allows for the trees to maintain their foundation and integrity and is a mechanism by which the tree protects itself from the harsh winter and prepares for growth in the spring. We have set the foundation for the upcoming year. We must continue to address the concerns of our members and of all athletic trainers in New York. We must continue to stand up for and protect our profession. We must do some hard things as we continue to change, and we can do hard things when we do

them together. Together we will address the challenges ahead of us and together we will continue to change and grow. I can already see new life breathing in our organization and I am eagerly anticipating everything we can do together in the New Year.

I look forward to seeing everyone at EATA and hearing your suggestions for change and growth at our membership meeting on January 6, 2024.



## Conference & Program

Frank J. Alexander, MS, ATC - Chair

The NYSATA Conference Committee is assembling the programming for the **2024 NYSATA Annual Meeting and Clinical Symposia**, to be held Friday June 14 through Saturday June 15, at the Sonesta White Plains in White Plains, NY.

[Proposals for consideration](#) are accepted via email.

The NYSATA Conference Committee is dedicated to the development of an education program designed to serve and advance the needs of our membership. We are committed to providing educational and professional experiences that expand the diverse skill and knowledge sets utilized daily by athletic trainers.

We welcome proposal submissions from NYSATA members and non-members for the following program formats:

**General Lecture:** 10, 15, 20 minute presentations (on original research, case study, clinical practice update, or critically appraised topic).

**Panel Discussions/Round Table:** 30-60 minutes

**Workshops** (1 or 2 hours) interactive format with half lecture, half lab.

### **ALL PROPOSALS ARE DUE FOR REVIEW BY JANUARY 15, 2024**

Proposal submission Process: Proposed topics and format requests must fall within one of the five (5) domains of practice for athletic training and must contain advanced professional content considered *beyond entry-level* to be considered.

Additional information is available on [our website](#), or you can [contact Frank Alexander, MS, ATC, NYSATA Conference Chair](#).



## Hall of Fame Committee

Bob Gariglio, ATC - Chair

The Hall of Fame committee is very pleased to report that after months, and months of phone calls, emails, work, and energy, the new display for the Hall of Fame is up and running. It is a video display, playing a continuous loop, of the Hall of Fame members. The display includes their photos and bios. It is in the same location, the Park Center at SUNY Cortland, as the previous display and has a modern, colorful appeal to the eye. It is very user friendly in terms of upkeep and updating information.

The Hall of Fame committee would like to thank the NYSATA Executive Committee, Deanna Errico, and especially, Bob O'Malley, for their time, energy and dedication to this! We all worked together as a team to accomplish this and it is something to be truly proud of.

Photographs will appear in the next issue of the newsletter.

If you are in the Cortland area, feel free to stop by and take a look.



## Governmental Affairs Report

Aimee Brunelle, MS, ATC and Deanna Errico, PT, DPT, ATC

Co-Chairs

Your NYSATA Governmental Affairs team has accomplished a lot this year, but we have not rested for a moment. Here are the highlights since our last Newsletter:

### **Licensure Bill (S942-A/A219A)**

We await the signing of our licensure bill by Governor Hochul. Once our bill is signed, it will not be enacted until two years after the Governor signs it. We have language planned for a "Chapter Amendment" to adjust the language of the licensure bill. This change is related to the neurological language in the licensure bill, and will adjust it to how we are already allowed to practice and to align with the AT role in the Concussion Management and Awareness Act.

### **Other Bills**

We continue to engage with the sponsor, Assemblymember Angelo Santabarbara, of the CPR Bill A4944-A. NYSATA assisted the sponsor with the language of the bill back in the spring. Karin has made in-roads in working to help secure a Senate sponsor. This bill's main focus would require youth league coaches to be trained in adult and child CPR and the use of an automated external defibrillator. There are other bills of interest to NYSATA that Karin will continue to monitor.

### **COPE (Concussion Outreach Prevention & Education)**

NYSATA and BIANYS have been awarded the \$175,000 grant to finance the COPE presentation.

### **COPE Events educating the public on concussion in sport have already run in:**

*Buffalo – University at Buffalo.* A big thank you to presenters Ryan Krzyzanowicz and Dr. John Leddy!

*Rochester – Rochester Regional Health.* Another big thank you to presenters Ian Hurlburt, Dr. Matt Nagelschmidt and Dr. Dexter Dale!

*Plattsburgh – SUNY Plattsburgh.* As well as a big thank you to presenters Jay Pachter and Dr. Joseph Tousignant!

### **Upcoming COPE Events:**

*Albany* on Monday, November 6 at 6:00pm at South Colonie High School with speakers Aimee Brunelle and Dr Thomas Barber.

*Westchester (tentative)* on Monday, February 26 at 6:30pm at Ardsley High School with speakers Douglas Sawyer and Dr Mark Herceg.

Spring Events being set up in Eastern and Southern NY state and there will be opportunities for ATs in the areas to participate

### *Additional Thank Yous*

Thank you to Laura Goodwell-Velez for assisting with CEUs (did you know you can attend the COPE events and get CEUs?).

Thank you to the BIANYS team and our project coordinator.

Lastly, a big thank you to Michelle Kellen from BIANYS who has helped to set up and then speak at each one of these COPE events (her specialty is "return to learn").

**NYSATA GA will be available at the NYSATA business meeting at Foxwoods in January to answer your questions.**



## NYSATA Account Balance

Adam Hymowitz ATC - Treasurer

(as of October 30, 2023)

<b>MUTUAL FUNDS/ ETFs</b>	<b>Market Value</b>	<b>Quantity Held</b>
Alerian MLP ETF	\$7,386.21	177
Blackrock Income Fund	\$10,392.16	1225.49
SPDR Doubleline Tactical ETF	\$30,216.00	800
Ishares Ibonds ETF	\$12,390.00	500.00
Vanguard Intermediate Term ETF	\$8,959.20	120
Vanguard Short Term ETF	\$11,242.50	150
<b>U.S. COMMON STOCK</b>	<b>Market Value</b>	<b>Quantity Held</b>
AT&T Inc	\$7,780.50	525
Ares Capital	\$14,928.00	800
Blackstone Group	\$17,922.00	200
CVS	\$8,286.25	125
Johnson & Johnson	\$8,736.00	100
Kellogg Company	\$363.65	35
Kellanova	\$7,056.00	140
Mondelez Intl Inc	\$8,126.25	125
Pfizer	\$12,044.00	400
Proctor & Gamble	\$14,716.00	100
Prudential	\$8,861.00	100
Unilever	\$8,095.50	175
Verizon	\$8,360.00	250
<b>PREFERRED STOCK</b>		
AT&T Inc	\$7,340.00	400
JP Morgan PFD	\$15,929.00	850
<b>CORPORATE BONDS</b>	<b>Market Value</b>	<b>Quantity Held</b>
Viacom	\$12,972.00	
<b>Wells Fargo Deposit Account (Investment)</b>	\$8,551.09	
<b>Checking Account</b>	\$829.91	
<b>Account Total</b>	<b>\$251,483.22</b>	

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## Committee Chairs

### Awards

Deanna Errico, PT, DPT, ATC  
Utica College

### College and University

Jeff Carter MEd, LAT, ATC,  
EMT-B, CSCS  
Marist College

### Conference and Education

Frank J. Alexander, MS, ATC  
Columbia University

### Diversity and Inclusion

*EDAC Chair*  
LaTonja Lee, MS, LAT, ATC, PES  
Fordham University  
*LGBTQ+ Chair*  
Matthew Rawlins, MS, ATC, CSCS, ART  
University of Rochester

### Fundraising

OPEN

### Governmental Affairs

Aimee Brunelle, MS, ATC  
Colonie Central High School  
Deanna Errico, PT, DPT, ATC  
Utica University

### Hall of Fame

Bob Gariglio  
Syosset High School

### History and Archives

OPEN

### Joseph Abraham Award

Meg Greiner, MS, ATC  
Hendrick Hudson High School

### Membership and Nominations

Christopher Napoli, MS, ATC  
NYU Winthrop Hospital

### Newsletter

Douglas Sawyer, MS, ATC  
Ardsley High School

### Public Relations

Nicholas Clark, MS, ATC  
Movement Matters

### Reimbursement Committee

OPEN

### Research/Injury

OPEN

### Scholarships

Chuck Monteith, ATC  
Colgate University

### Secondary School

Jarett Rhoads, MEd, ATC, CSCS  
Eastridge High School  
Craig Olejnczak, ATC  
Middletown School District

### Social Media

Becky Guzzo, MS, ATC  
Cornell University

### Website

Douglas Sawyer, MS, ATC  
Ardsley High School

## The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: [Douglas Sawyer](#).

Production and Design by: [SJ Creative](#)

**AT** YOUR OWN  
**RISK**

## Got NPI#?

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the [NATA website](#).

## Regional Reps

### Region 1 LI

Nassau, Suffolk

**Kristin LoNigro** MEd, ATC

Hofstra University

### Region 1 NYC

Richmond, Kings, Queens, Bronx, New York

**Will Zinser**, MS, ATC

Harkness Center fo Dance Injuries

### Region 2

Westchester, Rockland,

Putnam, Sullivan, Orange, Dutchess, Ulster

**David J Byrnes**, MS, ATC

Poughqaug, NY

### Region 3

Montgomery, Delaware, Fulton, Greene,

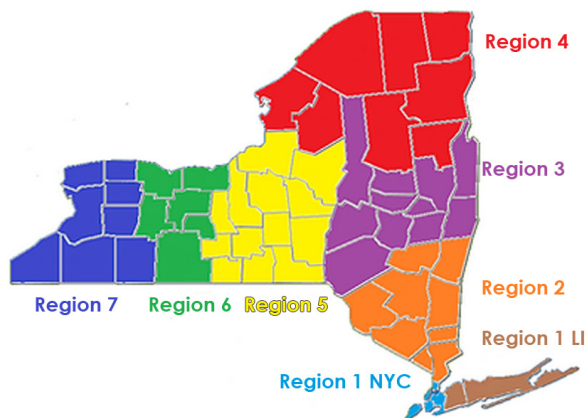
Otsego, Saratoga, Albany, Rensslear,

Schenectady, Columbia, Washington,

Schoharie, Herkimer

**Dave Haverly**, MS, ATC

Quad, Saratoga Springs, NY



### Region 5

Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler

**Jennifer Petruzzo**, MS, ATC, CSCS

Cornell University

### Region 6

Livingston, Ontaria, Monroe, Yates, Stueben, Wayne

**Jarett Rhoads**, MEd., ATC, CSCS

Eastridge High School

### Region 7

Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara,

Allegany, Chautauqua

**Jacob Habemehl**, MS, ATC, ACLS

Buffalo State College

### Region 4

Jefferson, Lewis, St. Lawrence, Franklin,

Hamilton, Clinton, Essex, Warren

**Jason Pachter**, MS, ATC, CSCS

State University of Plattsburgh

## Regional Reports

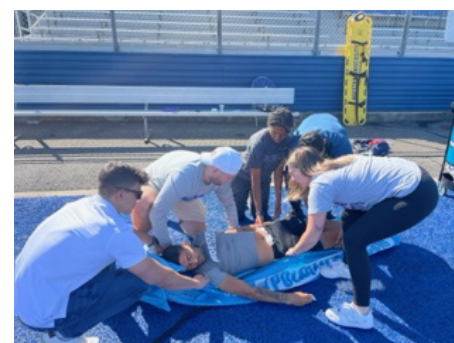
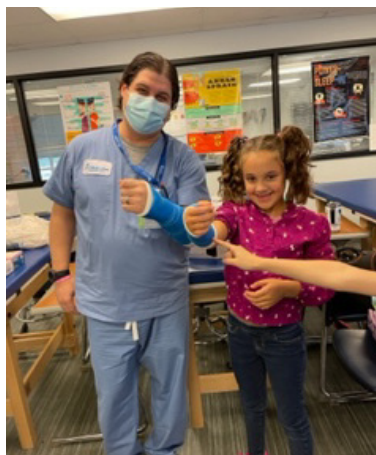


### Region 1 LI

**Kristin LoNigro**, MEd, ATC

### Hofstra

Hofstra University Athletic Training program has been busy with learning simulations this semester. First-Year students completed simulations in Exertional Heat Stroke and a Casting Workshop with Alum Mike Schmidt ATC. Second -Year students completed a knee simulated case with a life patient.



The MSAT program has four new students, Ammar Awan, Amber DelMoral, Matt Friedman and Shannon Quinn who recently passed their EMT certification exam.

Congrats to Alumnus Joseph Dietze, who saved a life on his way home from work. He witnessed a car fly off the road into the side of the ditch. He quickly assessed that the driver was unresponsive and that there was evidence that it may be an apparent overdose. Joe quickly broke open the car window, pulled the victim from the car and administered two doses of nasal Narcan. The victim was responsive when EMS arrived at the scene.

Hofstra and Stony Brook University Athletic Training Programs participated in a workshop, "Ice Hockey Injuries" with Bryce Tolmie ATC with Orlin and Cohen. Students and participants were led through a simulation of removing hockey players that sustain a head, neck or back injury from the ice.



Those interested in the Master's of Athletic Training Program at Hofstra University can contact [Jayne Ellinger](#) or join the [Open House](#) on November 19, 2023

### **Stony Brook University**

On October 15, 2023, Stony Brook University's Athletic Training program participated in the annual Making Strides Against Breast Cancer (MSABC) walk at Jones Beach, Long Island. Each year, breast cancer survivors, caregivers, families and friends come together to walk and raise money for lifesaving breast cancer research. MSABC campaign has become the largest and most impactful breast cancer movement all over the nation. Fundraising was organized by our Iota Tau Alpha honor society and with the help of students, family, friends, and faculty we were able to raise over \$2,000 for the American Cancer Society. This has been our program's second consecutive year taking part in this walk and we hope to keep the tradition going! [Join the movement sbu ita!](#)



*Pictured left, Back row: Dylan Reilly, Tom Wu, Owen Lucano, Harrison Summers, Richard Fulcher, Amanda Goldstein, Mackenzie Mulholland; Front Row: Sarabeth O'Hagan, Adriana Zieba-Rosa, Morgan Catalanotto, Jacquelyn Haft*

together educators and administrators from across the country. "Are we ASKING the Right Questions" presented the need for culturally competent health care education along with a model to do so.

Lisa Komnik, MS, ATC, Clinical Education Coordinator (pictured right), recently combined with SBU ATP alum, James Pierre-Glaude, DPT, ATC, to present at the Association of Schools Advancing Health Professions (ASAHP) conference. This conference brought





## Region 2

David J Byrnes, MS, ATC

On August 16th, the Section One Athletic Trainers Society (SOATS) held an emergency preparedness event at Eastchester HS for the members of SOATS. Topics covered were EAP, pre-game meetings, as well as a hands-on refresher of evaluating on field emergencies including equipment removal and AED use on field. Everyone left feeling prepared for the upcoming fall season. Afterwards, many of the participants and other SOATS members met up for a pre-season social to “talk shop” and reconnect.



As we wrap up the fall season, we can't help but take a moment to reflect on the incredible contributions of our dedicated athletic trainers in Region 2. New York State Athletic Trainers Recognition Week provided us with a unique opportunity to express our gratitude and share the remarkable work of our members who tirelessly support our athletes.

This year, we've seen a groundswell of appreciation from Region 2 athletic departments as coaches, athletes, and administrators alike took to social media to express their gratitude for the dedication and expertise of their athletic trainers. It's been an inspiring and heartwarming experience to witness the outpouring of love and admiration for the unsung heroes behind the scenes.

Members are encouraged to follow the [NYSATA Region 2 Twitter account](#) to stay up to date on events and news from the region.





**Region 3**

Dave Haverly, MS, ATC

NYSATA and BIANYS (The Brain Injury Association of New York State) will be giving a COPE (Concussion Outreach Prevention & Eduaction) presentation at Colonie Central High School. (See flyer page 11) Dr Thomas Barber DO, Aimee Brunelle MS, ATC, and Michelle Kellen M.Ed will present. The presentation will be from 6 - 7pm. For additional information and to register visit the [BIANYS website](#).



**Region 5**

Jennifer Petruzzo, MS, ATC, CSCS

**Cornell University**

Cornell Athletic Training staff celebrated the retirement of Bernie DePalma, the Associate Director of Athletics for Sports Medicine and the Doc Kavanagh Head Athletic Trainer. He retired from Cornell after an incredible 42 years. His impact on the Cornell community has been tremendous and his presence on campus is missed but the Cornell staff wish him many joys in this next chapter to come. (pictured right)

The Cornell AT staff collected money to shop and fill eight backpacks to donate to children in need in the Ithaca area. This was organized and facilitated by Athletic Insurance Coordinator, Charlene Haskell. (pictured below)



Cornell announces the promotion of Ed Kelly to the Associate Athletic Director for Sports Medicine Operations and the Doc Kavanagh Head Athletic Trainer. He was previously the Associate Head Athletic Trainer and has been a staple on staff, working at Cornell for 28 years. Cornell also announces the promotion of Katy Harris to Associate Athletic Director for Sports Medicine Administration and NCAA Healthcare Administrator. Katy has been an Associate Head Athletic Trainer and on Cornell staff for 12 years. (pictured below right)



Cornell announces the hiring of Bryan Hinchliffe and Kellie Heinlein. Bryan comes to Cornell after working at Vassar College. Kellie graduated this spring from the University of Delaware. Cornell is excited to have them join the staff. (pictured right)

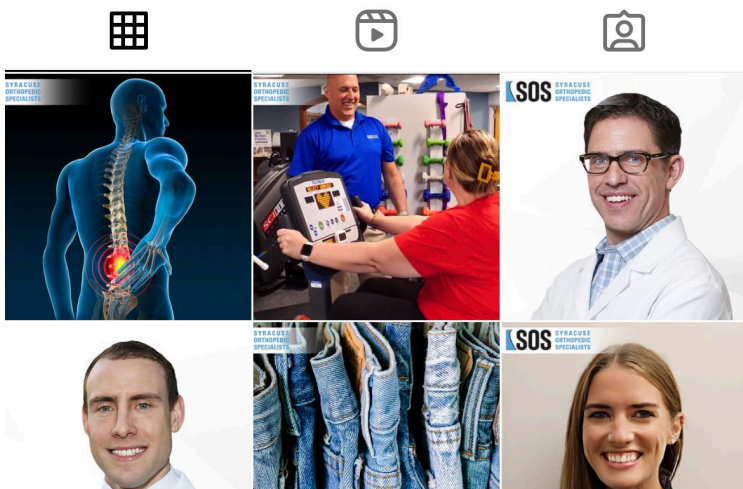


**Syracuse Orthopedic Specialists**

Syracuse Orthopedic Specialists (SOS) welcomes Ally Sauter (pictured below left) and Megan Fitzpatrick (pictured below right) to the Sports Medicine Team. Ally and Megan both started with SOS in August at Baldwinsville High School. Megan is full-time at "Bville" while Ally is full-time, with half of her time spent at Bville and the other half as the CPR Coordinator for SOS.



Athletic Trainers Take Over SOS' Instagram- [follow us on Instagram](#) and check out the highlights on our homepage to see our athletic trainers doing takeovers!





**Colonie Central High School  
Main Entrance  
1 Raider Blvd, Colonie, NY 12205**

# CONCUSSION OUTREACH PREVENTION & EDUCATION



**Date :**  
November 6, 2023



**Time :**  
6:00-7:00pm



**Cost:**  
FREE

## Meet Our Speakers



**Thomas Barber**

DO  
Primary Care Sports Medicine  
Fellow  
Albany Medical Center



**Aimee Brunelle**

MS, ATC  
Athletic Trainer  
Colonie Central High School



**Michelle Kellen**

M.Ed  
Professional Development  
Manager  
Brain Injury Association of New  
York State

## Discussion And Insights

Learn valuable information on how to prevent concussions and to successfully reintegrate a concussed student into the classroom

**SCAN FOR MORE  
INFO & TO REGISTER**



CEU Credits available. Visit registration link for more information.