



Introducing: Missy Wilson, ATC – Rochester Institute of Technology Athletic Trainer & NYSATA Secretary

Missy Wilson is an athletic trainer at the Rochester Institute of Technology (RIT) and the NYSATA secretary. Currently in her 14th year as an athletic trainer at RIT, Missy is responsible for providing medical services for women's ice hockey, scheduling of all staff for AT services, and certifying staff and coaches in first aid, CPR, and AED.

Before arriving at RIT, Wilson worked as a certified athletic trainer for University Sports Medicine for four years. Her main responsibilities included the evaluation, management, and rehabilitation of different athletic injuries for Greece Olympia High School and the Wheatland-Chili Central School district. In addition, she was the research coordinator of the ACL prevention program, and an athletic trainer for the Rochester Razor Sharks, of the Premier Basketball League.

As NYSATA secretary, Missy has many responsibilities. She records all the minutes of the meetings of the Executive Council, maintains a file of the records and official correspondences, conducts the official correspondences of NYSATA in conjunction with the President and Executive Council as required by the bylaws or requested by the Executive Council, maintains a complete and accurate list and official record of the NYSATA membership in cooperation with the Membership and Nominating Committee and the NATA National Office, maintains a record of committee chairperson, committee members, and members of the Executive Council, provides the President with a detailed order or business, and to bring a copy of the Constitution and Bylaws, standing rules, voting membership roll, and a list of standing committee membership to each meeting. In addition, Missy serves as a member on the Executive Council and the Chairperson of the Constitution and Bylaws Committee.

Missy has been an athletic trainer for 22 years and chose this career path because she wanted to help people and be around athletes and the athletic population. She loves to see her athletes grow through their sport and injuries. When asked to pick an impactful memory, she couldn't identify just one. "There are so many, from femur fracture to teams winning conference and national championships, and more."

When asked if she had any advice for future and aspiring ATs, Missy said "Learn as much as you can. The field is always changing, so learn and adapt with it. But don't forget to take time for yourself."