

**NEW YORK STATE**  
**NYSATA**  
**ATHLETIC TRAINERS' ASSOCIATION**

**SAVE THE DATES**

NYSATA Elections  
Voting Open  
May 7-20, 2023

NATA Clinical Symposia  
& AT Expo  
June 21-24, 2023  
Indianapolis, IN

NYSATA Annual Meeting &  
Clinical Symposia  
July 20 - 22, 2023  
The Sonesta Downtown  
White Plains, NY

**EXECUTIVE COUNCIL**

PRESIDENT

[Lauren Stephenson, MA, ATC](#)  
SUNY Oneonta

PRESIDENT-ELECT

[Carrie Burke MAT, ATC](#)  
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[Arturo \(Roy\) Flores, MS, ATC](#)  
New York University

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[David J. Byrnes MS, ATC](#)  
Gatorade Athletic Channel

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[Missy Wilson, MS, ATC, CEP](#)

**THE PRESIDENT'S REPORT**



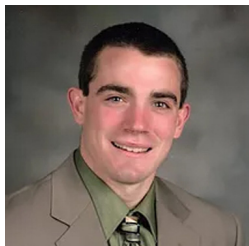
[LAUREN STEPHENSON, MA, ATC](#)

There's an AT for that! While this slogan was not the most popular of the NATM slogans that have been used over the years, when I got to thinking about it I really felt it resonated with how we as athletic trainers in New York take charge and get it all done. Being born and raised on Long Island and living in central New York for the past few years I feel that I have not only been fortunate enough to experience much of what our great state has to offer, but to get to know many of our members throughout the state. Each region of NY has unique characteristics and challenges, and when it comes to providing highly skilled health care to the physically active throughout the state...there's a NY AT for that!

In the past month we have had the opportunity to express exactly that to legislators on both sides of the aisle. ATs Save Lives occurred on March 29 in Albany, where many athletic trainers that made life saving efforts were recognized by the Assembly (Assemblywoman Solages) and Senate (Senator Bailey) and provided a press conference detailing the importance of EAPs, CPR certification and practice, as well as the extent of our training and education as athletic trainers to be credited for the quick responses and calm under pressure that saved the lives of so many in NY. Approximately a month later ATs and students gathered again at the capitol to lobby for our licensure bill. I am happy to report that in the majority of our meetings we had favorable responses and certainly a much greater understanding of our roles as athletic trainers.

NATM is a concentrated effort to provide information to the public about athletic trainers. I have to say that I am so proud of our members that have been working tirelessly to do so for the past 10+ years as we have been attempting to obtain licensure and to improve working conditions and salaries. I want you to know that it is working. I have been attending lobby day for NYSATA since I became a NYSATA member, and this year was definitely different from years past. We are being heard, our importance is being recognized, and there are no longer doubts...there IS an AT for That!

So thank you to everyone who has paved the way for what is to come. Continue to educATe, advocATe, and be passionATe not only during NATM, but throughout the year. I am optimistic for our future as athletic trainers in NY and I have nothing but confidence to always respond with "There's an AT for that!"



## Membership & Nominations

Christopher Napoli, MS, ATC - Chair

The 2023 Election season is in full swing! Thank you to all the nominees who participated in this year's town hall meetings. The town halls provided those in attendance with a brief outline of what they can expect from their regional representatives as well as treasurer.

Elections go live starting on May 7 and conclude on May 20. Check your emails for the voting link. If you are unable to find the voting link, please make sure you reach out to the [Membership & Nominations Chair](#). Your Vote Matters!

This years Nominees:

**Region 1 Long Island:** Kristin LoNigro

**Region 1 NYC:** Erica Marcano, Kulsum Khan, Elaine Winslow-Redmond

**Region 2:** David Byrnes

**Region 3:** Dave Haverly

**Treasurer:** Adam Hymowitz

We would like to wish all the nominees the best of luck during the election period!

Membership & Nominations committee is looking for your help. We are currently seeking interested members from Region 1 Long Island, Region 2, and Region 3. It does not matter if you are a newly certified athletic trainer or one that is on the backside of the hill, we welcome any and all help.

Those who are interested please send a letter of Interest to the [Membership & Nominations Committee](#).

We are looking forward to seeing many members at the NYSATA annual conference in July!

Your Membership & Nominations Committee

Chris Napoli- Committee Chairperson

Lauren McIntrye- Region 1 NYC Member

Adam Hymowitz- Region 1 LI Member

Jeremy Marra- Region 4 Member

Kevin Joyce- Region 5 Member

Trevor Cramer- Region 6 Member

Cleon Clayton- Region 7 Member

Missy Wilson- Executive Board Member / NYSATA Secretary



## Conference & Program

Frank J. Alexander, MS, ATC - Chair

The NYSATA Conference Committee is assembling the programming for the 2023 NYSATA Annual Meeting and Clinical Symposia, to be held Friday July 21 through Saturday July 22, at the Sonesta Downtown, White Plains in White Plains, NY.

The NYSATA Conference Committee is dedicated to the development of an education program designed to serve and advance the needs of our membership. We are committed to providing educational and professional experiences that expand the diverse skill and knowledge sets utilized daily by athletic trainers.

More info and registration will be available soon on our [website](#). Please direct any questions to [Frank Alexander, MS, ATC](#), NYSATA Conference Chair.



## Governmental Affairs Report

Aimee Brunelle, MS, ATC and Deanna Errico, PT, DPT, ATC  
Co-Chairs

We are in the midst of the legislative session and even though the budget took much longer than usual this year, we are still very hopeful that things will bounce back and all the legislative work we have done up to now will allow for our **AT licensure bill (A219 – Sponsor Solages and S942 – Sponsor Bailey)** to make it to the agenda of the Higher Ed committees of both the assembly and senate. Following amendments, you should expect to see an “A” version for both bills to come out in May. Be ready to call your legislators once we have the amendments and the bills start moving.



### Lobby Day

Lobby Day was held on April 25, 2023 with about a dozen NYSATA members participating. While the legislators were still caught up in budget negotiations, we had opportunities to meet with the actual assembly member or senator in most of our 20 scheduled meetings and had very positive feedback.

### AT Saves

NYSATA GA supplemented Assemblywoman Solages' plan to recognize the athletic trainers from the Buffalo Bills for their heroic save of Damar Hamlin by bringing ATs from around the state, who have also made saves. Eight of these ATs, along with Denny Kellington and Nate Breske, also spoke at the March 29 press event “**ATs Save**” and it was a great success in showing that AT saves do not just happen on the national stage, but in our schools and colleges in NYS. This also helped to educate the public and promote our legislation.

### Healthcare Workers Bonus

We worked very hard with our lobbyist to promote ATs to be on the list to receive the NYS Healthcare Workers Bonus. However, there is a long list of other healthcare workers who also were not on the list, making it difficult to grant this to us. For those who work in healthcare facilities, you should be eligible, for those working in schools, it may be difficult for you to get this bonus.

### Concussion Outreach Prevention & Education (COPE)

This is a grant collaboratively requested by NYSATA and BIANYS (Brain Injury Association of New York State) and secured through Senator Hoylman last year (he allocated \$10,000 last year to us) so that we could initiate the COPE program – **providing educational programs for communities with youth sports to learn about concussion.** This year we requested \$175,000 grant funding, which will come through the budget, again in conjunction with BIANYS. We should know soon if we get this and then we can provide educational sessions throughout the state.

### Concussion Law

BIANYS and our NYSATA representative (Aimee Brunelle) continue to work together to improve the current law with the **Concussion Management and Awareness Act Update.** We are hopeful that it will pass this year.

**CPR bill** - NYSATA has been working with Assemblyman Santabarbara, to put forth a **CPR Bill that will require all youth coaches to be CPR and AED certified.**



## NYSATA Legislative Update

Karin Carreau, Carreau Consulting

After a 27-day long stalemate, Governor Kathy Hochul finally announced on April 27, that there is conceptual agreement on a \$229 billion budget. The Governor made the declaration from the capitol and in doing so, broke with tradition that would have had the Senate and Assembly leaders at her side. Reportedly, lawmakers, who had again extended their weekly session calendars have returned to their districts, and as of drafting of this article, no budget bills were yet printed.

The governors report on the framework noted the final deal will include a third round of changes to the state's bail laws that were enacted in 2019, however, it will not include the Governor's proposal to change the laws on discovery. We can expect language to be included that is designed to crack down on illegal marijuana retailers and while details are sparse, it is said to be aggressive in its attempts to penalize those sellers who are not paying taxes. After a long-fought battle, the final plan will include a plan to raise the minimum wage to \$17 an hour, starting with \$16 an hour next year in New York City, and then indexing it to inflation within a few years. Reports also note that it will also include "the largest Medicaid rate increase in two decades," and what the Governor referred to as "critical policy changes" in the area of mental health. Notably the final budget is not expected to include much language on housing after the Governor's proposal dissolved last week amid strong opposition. It is also not expected to include an expansion of eligible professions for the states covid related workforce bonuses.

In closing, the Governor asked the question "Did we accomplish what this moment called for?" "Did we make a difference in the lives of New Yorkers? We are going to be able to answer that question yes."

What does all of this mean to NYSATA and our legislative efforts? First and foremost, we are greatly relieved that the legislature can now focus on issues not related to the budget. Given their budget negotiations ran nearly a month late, it means the non-fiscal part of the session has been extremely truncated and all of our legislative priorities (see [Government Affairs article](#)) will have to come together in mere weeks, as opposed to the nearly two and a half months we had anticipated. It is with that in mind that we ask you to once again, be ready to engage and help us amplify our voices to advance our priority issues and if you have not yet reached out to your [Senate](#) and/or [Assembly member](#) to ask for their support on our bills, please do so.

NYSATA Account Balance  
 David J. Byrnes, MS, ATC - Treasurer  
 (as of April 27, 2023)

<b>MUTUAL FUNDS/ ETFs</b>	<b>Market Value</b>	<b>Quantity Held</b>
Alerian MLP ETF	\$6,844.59	177
Blackrock Income Fund	\$10,784.31	1225.49
SPDR Doubleline Tactical ETF	\$32,840.00	800
Ishares Ibonds ETF	\$12,325.00	500.00
Vanguard Intermdiate Term ETF	\$9,637.20	120
Vanguard Short Term ETF	\$11,466.00	150
<b>U.S. COMMON STOCK</b>	<b>Market Value</b>	<b>Quantity Held</b>
AT&T Inc	\$9,030.00	525
Ares Capital	\$14,248.00	800
Blackstone Group	\$17,062.00	200
CVS	\$9,032.50	125
Johnson & Johnson	\$9,757.20	60
Kellogg Company	\$9,584.40	140
Mondelez Intl Inc	\$9,041.25	125
Pfizer	\$15,452.00	400
Proctor & Gamble	\$15,458.00	100
Prudential	\$8,370.00	100
Unilever	\$9,518.25	175
Viatris	\$534.34	49
Verizon	\$9,230.00	150

Continued...

<b>PREFERRED STOCK</b>		
AT&T Inc	\$8,756.00	400
JP Morgan PFD	\$17,977.50	850
<b>CORPORATE BONDS</b>	<b>Market Value</b>	<b>Quantity Held</b>
Viacom	\$15,496.20	
<b>Wells Fargo Deposit Account (Investment)</b>	\$2,742.64	
<b>Checking Account</b>	\$21,837.59	
<b>Account Total</b>	<b>\$287,024.97</b>	



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## Committee Chairs

### Awards

Deanna Errico, PT, DPT, ATC  
Utica College

### College and University

Jeff Carter MEd, LAT, ATC,  
EMT-B, CSCS  
Marist College

### Conference and Education

Frank J. Alexander, MS, ATC  
Columbia University

### Diversity and Inclusion

EDAC Chair  
LaTonja Lee, MS, LAT, ATC, PES  
Fordham University  
LGBTQ+ Chair  
Matthew Rawlins, MS, ATC, CSCS, ART  
University of Rochester

### Fundraising

OPEN

### Governmental Affairs

Aimee Brunelle, MS, ATC  
Colonie Central High School  
Deanna Errico, PT, DPT, ATC  
Utica University

### Hall of Fame

Bob Gariglio  
Syosset High School

### History and Archives

OPEN

### Joseph Abraham Award

Meg Greiner, MS, ATC  
Hendrick Hudson High School

### Membership and Nominations

Christopher Napoli, MS, ATC  
NYU Winthrop Hospital

### Newsletter

Douglas Sawyer, MS, ATC  
Ardsley High School

### Public Relations

Nicholas Clark, MS, ATC  
Movement Matters

### Reimbursement Committee

OPEN

### Research/Injury

OPEN

### Scholarships

Chuck Monteith, ATC  
Colgate University

### Secondary School

Jarett Rhoads, MEd, ATC, CSCS  
Eastridge High School  
Craig Olejnczak, ATC  
Middletown School District

### Social Media

Becky Guzzo, MS, ATC  
Cornell University

### Website

Erin Thornton, MS, ATC  
Rothman Orthopaedics

## The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: [Douglas Sawyer](#).

Production and Design by: [SJ Creative](#)

**AT** YOUR OWN  
**RISK**

## Got NPI#?

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the [NATA website](#).

## Regional Reps

### Region 1 LI

Nassau, Suffolk

**Kristin LoNigro**, MEd, ATC

Hofstra University

### Region 1 NYC

Richmond, Kings, Queens, Bronx, New York

**Will Zinser**, MS, ATC

Harkness Center fo Dance Injuries

### Region 2

Westchester, Rockland,

Putnam, Sullivan, Orange, Dutchess, Ulster

**Michael Mirabella**, MS, ATC, CSCS

White Plains High School

### Region 3

Montgomery, Delaware, Fulton, Greene,

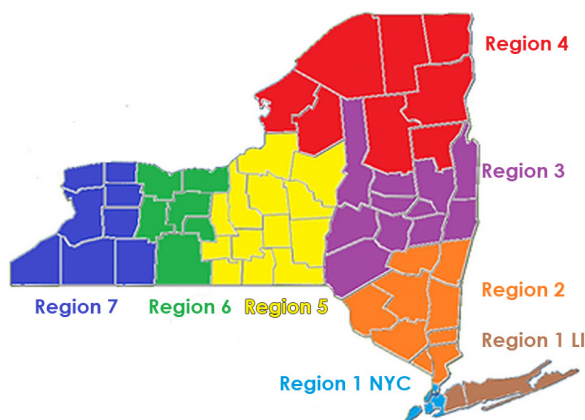
Otsego, Saratoga, Albany, Rensslear,

Schenectady, Columbia, Washington,

Schoharie, Herkimer

**Kyle Roepnack**, ATC

Herkimer College



### Region 5

Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler

**Jennifer Petruzzo**, MS, ATC, CSCS

Cornell University

### Region 6

Livingston, Ontario, Monroe, Yates, Stueben, Wayne

**Jarett Rhoads**, MEd., ATC, CSCS

Eastridge High School

### Region 7

Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara,

Allegany, Chautauqua

**Jacob Habemehl**, MS, ATC, ACLS

Buffalo State College

### Region 4

Jefferson, Lewis, St. Lawrence, Franklin,

Hamilton, Clinton, Essex, Warren

**Jason Pachter**, MS, ATC, CSCS

State University of Plattsburgh

## Regional Reports



### Region 1 LI

**Kristin LoNigro**, MEd, ATC

It was enjoyable seeing all of the interactions, through both social media and in-person events during #NATM2023 #TheresanATforthat.

Past President, Roy Flores and NYSATA leadership held virtual leadership tours, meeting with the ATPs in New York State. It was great to see the students connecting and learning about NYSATA.



NYSATA and Columbia Ortho co-hosted a Young Professionals gathering. Students were able to meet and speak with some of our Certified Athletic Trainers from the region. (Pictured right)

School Health hosted a social event in recognition of NATM, one on Long Island and one in NYC. ATs were able to gather for a fun night with the School Health Reps Greg Evans and Doug Zybrands. Thank you to School Health for this wonderful event. (Pictured left)

Hearty congratulations to Gina Harris, Athletic Trainer from Bellport HS, on being named as Henry Schein's Rising Star! In honor of National Athletic Training Month, observed in March, the award recognizes recently graduated athletic trainers who have not yet reached a senior chief-level position but have a strong career trajectory with the potential of forward



advancement and appointment at the highest levels of the profession.

Congratulations to Caite Bucco, SBU '20, on her selection as a finalist for this award.

You can read the [Henry Schein press release](#) and [WPIX-11 interview](#) online.

### **Hofstra University**

Hofstra University Athletic Training Program had a busy start to the semester with many events planned for National Athletic Training Month and National Public Health Week.

The students attended an Art of Observation Interprofessional Education Event which included 10 programs from Hofstra University and St. John's Pharmacy Program. We had 435 students attend this virtual event where they had the opportunity to observe art work from a patient with various illnesses and disabilities. They were then divided into small interprofessional groups where faculty from these programs guided them through understanding different professions and how it is important to work as a team to create a patient care plan.

Hofstra University Athletic Training Program in collaboration with the Louis Acompora foundation hosted a webinar, discussing the importance of being prepared for an emergency, primarily in the youth athletic setting. AT Faculty, Grace Catala, ATC, moderator of the event, along with Kristin LoNigro, ATC, Karen Acomopora, Chris Napoli, ATC (Copiague HS Athletic Trainer and USA Hockey Player Safety Coordinator), and Dr. Rebecca Stearns from KSI (Korey Stringer Institute) discussed what a proper Emergency Action Plan is, how to prepare for an emergency, and what we can do to protect our youth.



The Hofstra Athletic Training club (HATS) hosted two CPR/AED and Narcan Training events during NATM and National Public Health Week (NPHW) in April. Over 50 students, faculty and staff were certified during these classes. (Pictured left)

First Year Fellowship Students, Cyanne Brown and Amber Del-Moral, participated in a School of Health Professions and Human Services Donor luncheon, and a DEI Networking Event with Hofstra's Office of Equity and Inclusion. They attended the National Public Health Week Keynote event:

"Immigrant, Refugee and Migrant Health: Centering Culture in Public Health Response." (Pictured right)



Students assisted Athletic Trainer Bobby DiMonda from Briotix Health with their health screening event. Employees at Costco were able to have an on-site health screening where they were accessed with various screening methods and vitals were checked. The students also provided "healthy heart" information to the workers. (Pictured bottom right and left)

MSAT students participated in a NPHW tabling event where they discussed the profession of Athletic Training and provided a conscious choking skills demonstration, and how to apply an AED. They also had the opportunity to do a Hofstra University



social media takeover day in recognition of NATM. (Pictured right)



Hofstra Men's Basketball had the opportunity to host the Second round of Men's Basketball NIT tournament. Students were able to help the AT staff with the gameday preparations against Cincinnati. (Pictured left, MSAT student Amber Delmoral and AT Minor, Tyler McGinty.)

For more information about the Hofstra Master's in Athletic Training Program, contact Program Director, [Jayne Ellinger](#) or the [Program's website](#). Virtual Graduate Open House event June 3, 2023.



### Stony Brook University

On March 3, the Master of Science in Athletic Training Program including students, faculty and alumni converged on Good Morning America to kick off National Athletic Training Month. While we did not receive much airtime on the show, the students created and energetically displayed signs they created for the event. (Pictured left)



In March, the Stony Brook University School of Health Professions (SHP) held its Outstanding Alumni Award Ceremony recognizing the accomplishments of nominated alum from each program (AT, BSHS, CLS, OT, PA, PT, & RC). A virtual event was conducted to reach students from all programs so they could participate by listening to the valuable messages shared and asking questions of program recipients. This was followed by an in-person reception a few days later. Please join us in congratulating Lisa White, ATC '87 as this year's Athletic Training Outstanding Alumni Award recipient. (Pictured below)

Program students and faculty participated in an Interprofessional Education (IPE) event with all students in the School of Health Professions. Throughout the event we participated in small group work that focused on Values and Ethics for Interprofessional Practice by engaging in analysis

and discussion of numerous ethical case studies. Each group was led by an SHP facilitator and the focus aligned with one of the 4 Core Competencies for Interprofessional Collaborative Practice that have been established by Interprofessional Education Collaborative (IPEC) and is an integral part of health professions learning.



Congratulations to preceptor Gina Harris, ATC, Head Athletic Trainer at Bellport High School for winning the *2023 Henry Schein Rising Star Award*. And kudos to finalist preceptor and alum Caite Bucco, ATC '20!

Caite Bucco, ATC '20 was honored along with other athletic trainers in New York State by the NYS Senate and Assembly recognizing their lifesaving work with a press conference.

The Stony Brook Medicine Department of Orthopaedic Surgery is hosting the *13th Annual Stony Brook Sports Medicine Update: A Spotlight on the Student-Athlete Mental Health* on Friday, May 12, 2023, from 8am - 4 pm. This conference will be held in-person in the Medical and Research Translation (MART) Auditorium at Stony Brook University Hospital and available online via Zoom.

This course is designed to cover the most current evidence-based practice related to orthopedic issues, with a spotlight on mental health concerns in student-athletes in the form of panel presentations and clinical case studies in sports medicine today. By discussing the importance of the rising concern for student-athlete mental health, the attendee will learn of the concerns and suggestions from professionals in sports medicine and psychology to prepare for properly caring for student-athletes struggling with any mental health issues. The target audience consists of physicians, athletic trainers, physical therapists, physician assistants and all of those involved with the care of athletes. This program is eligible for a maximum of 6 Category A CEUs. For more information and to register [visit our website](#).



### Region 5

[Jennifer Petruzzo, MS, ATC, CSCS](#)

#### **Ithaca College**

Ithaca College is looking to fill a staff AT position. You can find the posting on the [NATA Career Center](#).

#### **Cornell University**

Cornell Athletic Training has been collecting unused hotel soaps that would be thrown out by hotel staff. Cornell AT, Sarah Missen, plans to donate the collection to a local women's shelter. (Pictured right)

#### **SUNY Oswego**

The Oswego State Athletics Department is excited to announce Matthew Rawlins, DAT, ATC, CSCS, NASM-CES as our new Assistant Athletic Trainer. Rawlins comes to us from the University of Rochester Medical Center where he served as the Head Athletic Trainer at Oakfield-Alabama Middle and High School.

"We are happy to have Matt join our staff. He brings a level of experience, professionalism and maturity that will help our student-athletes develop and add to our already strong department" - Head Athletic Trainer Kevin Joyce

Rawlins has extensive experience as an Athletic Trainer, with ten years of experience in the field. The Oswego State Athletics Department is excited to have Matthew join the team and provide his expertise as an Athletic Trainer to our student athletes.

At Oakfield, Rawlins was responsible for all varsity, JV and modified sports, including football, girls soccer, boys and girls basketball, girls volleyball, cross country, track and field, baseball and softball.



Rawlins earned his Bachelors of Science Degree in Athletic Training in May of 2012 at Longwood University in Farmville, Va.

From there, Rawlins continued his education at West Virginia Wesleyan College where he earned his Masters in Science for Athletic Training in June of 2013 with a perfect 4.0 GPA.

The King George, Va native went on to earn his Doctoral degree in Athletic Training at Moravian College in December of 2020.

"I am excited to transition to working in the collegiate setting and join an experienced staff that I look forward to learning from as well as contributing to in order to serve the student-athletes here at Oswego."



### Region 6

Jarett Rhoads, MEd., ATC, CSCS

### Save the Date

The 3rd Annual NYSATA Region 6 Golf Outing will be Sunday, July 30, 2023 at 10:00am, at Silver Creek Golf Course in Waterloo. Come out for a fun day of golf. We have had a great

time the last two years. Everyone is welcome to join us. We would love to see you. Further details will be forthcoming but mark your calendars.

